

Advising and Career Life Planning

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Abstract

One of the major goals of higher education is to help students attain their academic goals while providing for their personal and vocational needs. Advisors who understand career life planning can assist students not only with major selection, but also with career exploration and successful entry into the work place.

This topical will explore the integration of academic advising and career advising from both an individual advisor perspective and an institutional viewpoint. The first part of the session will identify the elements of career advising, the similarities between academic advising and career advising, and how advisors can develop skills and competencies for effective career advising. The second half will cover ways participants can work with campus colleagues to accomplish a collaborative and integrated approach to implementing a career advising program.

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Outline

- I. Defining academic advising and career advising
- II. Integrating academic advising and career advising
- III. Identifying the basic components of career advising
- IV. Considering theoretical perspectives
- V. Exploring a model for career advising
- VI. Considering the implementation of a campus career advising program

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