



Notes from Region 1

N A T I O N A L A C A D E M I C A D V I S I N G A S S O C I A T I O N

EMBRACING CHANGE IN 2009

Having just viewed the inauguration and been profoundly inspired by President Obama's inaugural address, I am feeling that there is so much to look forward to in 2009. There is certainly no shortage of challenges and hurdles for us as advisors, for our institutions, and for our students but if ever there was a time to embrace change as we move forward, this is it.

Region 1 celebrates 25 years of Advising Excellence in 2009. Many changes have come and gone since that first conference and yet, the professional connections that nourish us all remain very much intact.

This year we return to Saratoga Springs, NY to reconnect, to commiserate, to embrace some new ideas and new practices and especially to recharge so we can forge ahead with renewed vigor.

I hope you will join me and the conference committee this March for one of the best values in professional development in our field. The program is shaping up with a great variety of sessions and topics for new advisors, experienced advisors and advising administrators alike. You will find presentations on research, advising models, assessment and technology as well as a keynote address by NACADA President Casey Self.

Take advantage of the early member rate of \$120 before February 8th. For more details on the conference schedule, pre-conference workshops, hotel information and the conference registration form [click here](#). Be well and safe and I hope to see you in Saratoga Springs.

Cheers, *Mary*



Mary Fraser
Region 1
Conference Chair



Casey Self
NACADA President

NACADA PRESIDENT TO ADDRESS REGION 1

Region 1 is excited to welcome Casey Self, NACADA President, to be our keynote speaker in Saratoga Springs, NY this year. Casey is the Director of Advising at Arizona State University and has been a NACADA member for thirteen years. He states, "Regional NACADA conferences provide a wonderful networking opportunity in a more intimate environment. I always enjoy the opportunity to meet new people and catch up with colleagues and friends who are at institutions closer to me than maybe a national conference. Cont'd next page....."

GREETINGS FROM REGION 1 CHAIR, SUSAN KOLLS



**Susan Kolls and her Region 1
Conference Award**

Change is something with which we all must deal from time to time. As a nation we are currently dealing with change both great and small, on the political and economic front- fronts. These changes are making for an exciting and sometimes frustrating - new year. When dealing with change it often helps to talk through your experience, to hear from others who are dealing with similar change, and to see that you are not alone in what you are facing. All of these opportunities - and so much more - are available at a NACADA Regional conference.

This year the theme of the Region 1 conference is Embracing Change. I'm very excited to travel to Saratoga Springs in March and join my colleagues for another wonderful Region 1 event. I get so much from a regional conference - and at a bargain price! I love the networking opportunities, appreciate the ideas and discussion generated by the concurrent sessions, enjoy the restaurants and shopping that is so often nearby our conference location and look forward to seeing old, and meeting new, friends.

This year I'm especially looking forward to Casey Self's keynote talk, working with Charlie Nutt to greet and engage new NACADA members, sample the dining in the Saratoga Springs area and celebrate the changes that I've witnessed over the past year - and anticipate changes to come. I hope that you have the opportunity to join us in March and experience a regional conference. It is definitely worth the investment.

Susan

NACADA PRESIDENT, CASEY SELF

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I also think a regional conference is a terrific way to get new staff members involved with the association. My keynote address will focus on academic advising needs in the future. In particular, I will pay significant attention to the 'accountability' of academic advising that is becoming a major issue on many campuses."

Region 1 thanks Casey for his continued support of NACADA and looks forward to his keynote address on March 11, 2009.

CALL FOR CONFERENCE VOLUNTEERS



"Volunteering doesn't take much of your time..."

*Gail Stubbs
Region 1 Conference
Volunteer Coordinator*

If you have been to a Region 1 conference, you have probably witnessed one of the secrets of our success - our volunteers! If you are attending the upcoming conference in Saratoga Springs, NY, please consider lending us a hand. Volunteering doesn't take much of your time, and is it a great way to meet and network with your colleagues. You can sign up as a session liaison to drop off and pick up evaluations, assist at the registration table, do some pre-conference prep-work like stuffing bags, or greet people and hand out tickets at an event. As a small thank you, we invite volunteers to attend a pre-conference workshop at the 2010 conference for no charge. If you are interested, please contact conference volunteer coordinator, Gail Stubbs, at gail.stubbs@umb.edu or 617 287-5505.

ANN TRAYNOR TALKS ABOUT VOLUNTEERING



"Volunteering allows you to meet people in a very informal way"

*Ann Traynor
Connecticut Liaison*

What events have you volunteered at for Region 1 and which one was your most memorable?

I am a member of the conference planning committee, currently serve as the Connecticut liaison, and I was the co-site chair for the 2006 Region 1 conference in Hartford, Connecticut. During the Connecticut conference, we organized an evening reception at the UConn School of Business' Downtown Hartford campus; a lot of UConn advisors volunteered for this and it became a real community event.

What prompted you to begin volunteering at Region 1 events?

I was interested in networking and had experience coordinating conferences so I thought I could be useful.

What advice would you give to someone who has never volunteered, but wants to?

I encourage everyone attending a Region 1 conference to consider volunteering. It does not have to be a significant time commitment and is a great way to meet people.

How has your Region 1 volunteering experience helped you to network with NACADA colleagues?

Volunteering allows you to meet people in a very informal way; I have established friendships with many people through volunteering. If you volunteer in Region 1 you will most likely get to know Charlie Nutt; what bigger incentive is there?

How do volunteers "wind down" after a busy event?

After stuffing conference bags, we head out for dinner and drinks; in Portland, Maine we went out for Mexican; in Connecticut we gathered at a brewpub. Volunteers are not just working or attending sessions; there is plenty of time to explore the conference city, sample the restaurants, and visit the shops.



REGION I
CONFERENCE DETAILS

NACADA Region 1 Conference
March 11-13, 2009
Saratoga Springs, NY

[Registration Information](#)

[Conference Details](#)

[Conference Schedule](#)

[Preconference Workshops](#)

[Hotel Registration](#)

[Airline/Driving Directions](#)

Reasons to Attend

- Networking with colleagues
- Professional development
- Learn how others are weathering the economic downturn
- Learn more about Region I volunteer opportunities
- Attend the new member preconference
- Return to work with lots of energy and new ideas to help your students

REGION 1 WELCOMES ITS NEWEST VOLUNTEER

Region 1 welcomes Lisa Moison as its newest volunteer. Lisa has offered to fill the recently developed Communication/Membership position.

She comes to us from Fitchburg State College in Massachusetts where she is the program advisor and retention specialist for the graduate and continuing education division of her college.

Lisa advises prospective students. She tells us, "I really enjoy advising adult learners. They are just as nervous about returning to school as their younger day school counterparts. It's my job to help them get settled in a degree program, which is rewarding."

What should Region 1 members expect from this new position?

The Communication/Membership Chair will:

- ensure that Region 1 web materials are accurate
- ensure that Region 1 newsletter is coordinated and published at least four times per year
- coordinate membership campaigns within region
- coordinate Region 1 Expertise and Interests database
- assist in the development of annual region budget
- record and post minutes of Steering Committee meetings and teleconferences
- attend region and national conferences

Moison states, "I'm excited about contributing to Region 1. My goal is to speak with as many members as I can to find out what their needs are and how this position can help them to help their students."



[Lisa Moison](#)
**Region 1 Communication/
Membership Chair**

WE'RE ON THE WEB
WWW.NACADA.KSU.EDU

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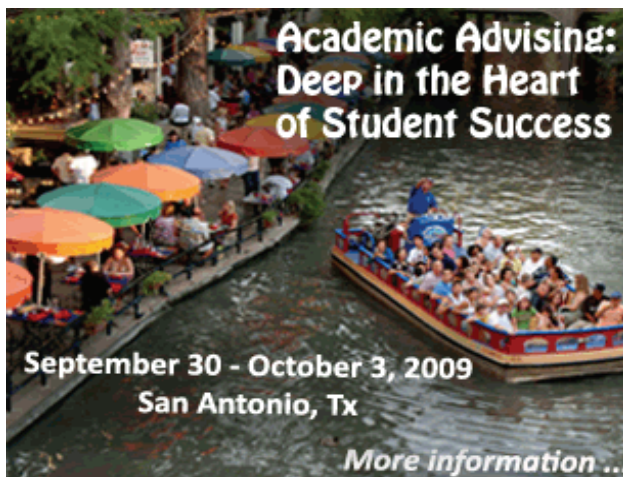
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N A T I O N A L C O N F E R E N C E – S A V E T H E D A T E



[Submit a Proposal](#)

[Conference details](#)