

## **Best of Region 10**

### **Energizing At-Risk Students: Integrating Career and Self-Exploration with Academic Advising**

Tired of saying the same old thing to academically at-risk students? Questioning how effective some previously used techniques are in helping students to make truly significant changes in their approach to academic work? This session offers a fresh perspective on energizing your at-risk students and motivating them toward academic success.

We will review a new program we are piloting which utilizes self-exploration tools in working with reinstated students. The goal of the program is to empower reinstated students to expand their self-knowledge by identifying their own strengths, personality preferences and values in order to achieve greater success both academically and personally. This interactive session will review and demonstrate some of the tools we are using.