

## **NACADA Summer Institute Action Plan Sample**

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### **Title: Upward Bound Summer Bridge Career Exploration Component**

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**Timeframe:** To be done during the first week of the program. (2 sessions) before summer classes start

**Concept:**

**Session I:** Participants will be administered the Self-Directed Search (SDS) by a Career and Advisement Center employee and results will be discussed. Students will research the job five careers from their SDS results and their desired career using the Occupational Outlook Handbook and ONet. CAC employee will introduce students to these and other online resources.

**Session II:** Participants return to share their research with the group. Also participants start a Career Portfolio for self reflection.

#### **Outcomes:**

- Students will know where their interests lie and what careers may match those interests
- Students will know what career they can choose with their already declared majors
- Students will know what education level and classes are required to achieve their desired careers
- If students' interests are different than their majors and they want to change their majors, they can become Undeclared majors or a more suitable major before the Fall Semester begins.

#### **Goal:**

The goal is to give participants enough information so that they can make informed decisions regarding their majors and future careers. With this information hopefully participants can avoid frustration from being in classes that they are not like and in turn not do well in.