Managing Mental Health Situations in the Advising Office
Fountain, Georgia Perimeter College/Georgia State University

Have you ever had a student come to your office for advising and they begin crying hysterically or screaming angry obscenities? This interactive workshop will assist advisors with safely preventing, intervening, and managing mental health situations in the advising office. Participants will develop the knowledge and skills to better recognize students with mental health needs and practice simple and necessary crisis prevention and de-escalation techniques. Participants will also identify collegiate resources that can aid in building collaborations campus-wide to maintain a safe office environment.