Overview

Intercollegiate athletics is a unique feature of higher education in America. Student-athletes who participate in intercollegiate athletics are a special population on college campuses because of the dichotomous relationship between athletics and academia. This webinar, sponsored by the NACADA Advising Student Athletes Commission, will explore the academic experience of student-athletes in higher education and will offer professionals who advise student-athletes some best practices. The goal of this webinar is to provide practicing academic advisors with experience-based and contemporary knowledge on the college student-athlete to enhance their understanding of the student-athlete population and ability to advise effectively. Focus will be on athletic culture and higher education; the student-athlete experience and identity; NCAA eligibility standards, regulations, and reform; and academic advising and support specific to student-athletes.

Resources and References

- National Association of Academic Advisors for Athletics (N4A)
- National Collegiate Athletic Association (NCAA)
- NACADA
  - Academic Success and the Student-Athlete Online Course


Advising Student Athletes

Presenters
Karen Schiferl, Chicago State University
Adrienne Ridgeway, Marquette University

Moderator
Jackie Nicholson, University of Texas-San Antonio
Chair, NACADA Advising Student Athletes Commission

Learning Objectives

• Gain familiarity with the intercollegiate athletic environment and the student-athlete experience.
• Think critically about the issues that impact special populations of student-athletes.
• Gain an understanding of the complexity of NCAA governance and rules and regulations that apply to student-athlete academic success.
• Obtain best practice knowledge to enhance professional practice when working with the student-athlete population.

Why Play College Sports?

• College Education
• Academic Success
• Scholarships
• Elite Training Opportunities
• Exposure & Experiences
• Preparation for life

NACADA (2016). The Value of College Sports
The Student-Athlete Experience

- Diversity in Experience
- Student-Athlete Issues


The Student-Athlete Experience

- How College Affects Student-Athletes
  - Academic Outcomes
  - Student Engagement
  - Psychosocial & Cognitive Development


Student-Athlete Diversity

Special Populations
- Minority Student-Athletes
- Female Student-Athletes
Student-Athlete Diversity

Special Populations
- LGBTQA+
- Student-Athletes with learning issues
- International students
- Other

Best Practices

3 C’s
- Competence
- Communication
- Collaboration

Best Practices - Competence

- NCAA Rules and Regulations
  - PTD
    - 40/60/80
    - 18/24
    - 6 hour rule
    - Major declaration
    - GPA requirement

Best Practices - Competence

- NCAA Academic Performance Program (APP)
  - Academic Progress Rate (APR)
  - Graduation Success Rate (GSR)

Best Practices - Competence

Hot Topics

- Time Demands
- Academic Integrity

Best Practices - Competence

- Resources available to support student-athlete academic success
  - NCAA Manual
  - NCAA Regional Rules Seminars
Best Practices - Communication

- Listen
- Inform
- Engage
- Respect

Best Practices - Communication

- Accountability
- Responsibility
- Availability

Best Practices - Communication

Technology

Social Media Icons
Best Practices - Collaboration

Shared goal of student success

Best Practices - Collaboration

• Bridging the Gap for Academic Advisors
  – Non-traditional advising times
  – Invite athletics academic support personnel to staff meetings
  – Celebrate academic and athletic success


Best Practices - Collaboration

• Bridging the Gap for Athletic Academic Support
  – Communicate about student-athlete issues
  – Invite academic advisors to programs
  – Community outreach

Resources

- National Association of Academic Advisors for Athletics (N4A)
- National Collegiate Athletic Association (NCAA)
- National Association of Intercollegiate Athletics (NAIA)
- National Junior College Athletic Association (NJCAA)

- NACADA
  - Academic Success and the Student-Athlete Online Course
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